



A Day in the Life: Pre-K - 1st Grade Schedule

Our Pre-K-1st grade day balances focused academics, free exploration, STEM activities, and social engagement. Students build independence, strengthen foundational skills in reading, math, science, and geography, and enjoy plenty of hands-on and outdoor learning. At Trellis Academy, we encourage curiosity, confidence, and a lifelong love of learning while helping each child feel known, supported, and loved.

Daily Rhythm

8:30-9:15 | Optional Morning Bible Class

Students may begin the day with age-appropriate Bible stories, prayer, reflection, and faith-based conversation. Optional Morning Bible Class is included in Core Academic Tuition.

9:15-9:30 | Arrival

Students not attending the optional Bible class arrive and prepare for the academic day.

9:30-10:00 | Morning Meeting

Students begin the day by gathering as a classroom community. This time may include prayer, breathwork, calendar and weather discussion, classroom news, and a monthly character focus through Bible verses, stories, and thoughtful conversation.

10:00-12:00 | Core Work Cycle

Students work through individualized plans in language, math, reading, and writing. Science and geography are also incorporated. This protected work block allows students to focus deeply, practice core skills at an appropriate pace, and receive support or added challenge as needed.

12:00-12:30 | Lunch

Students bring lunch from home and enjoy time to eat together. After lunch, students help care for the classroom through a simple midday reset.

12:30-1:10 | Outdoor Free Time

Students have time outside to move, play, and reset before the afternoon learning block.

1:10-1:20 | D.E.A.R.

Drop Everything and Read is a quiet reading time that helps students recenter after lunch while continuing to build reading fluency, stamina, and enjoyment.

1:20-1:50 | Discovery

Discovery brings students together for hands-on learning and discussion. Weekly focus areas may include science, geography, culture, and STEM exploration. Students ask questions, make observations, and connect their learning to the world around them.

1:50-2:00 | Community Clean-up & Closing

Students end the day by helping care for the classroom, reflecting on successes and challenges, and closing together as a community.

2:00-3:30 | Optional Enrichment Programs

Fall offerings include Monday Spanish Enrichment, Tuesday Art Enrichment, Wednesday WonderLab, and Thursday Bible Stories. Enrichment programs are optional and available for an additional fee. Separate registration is required.

A Note About Fridays

Fridays include time for students to finish weekly work, participate in thoughtful choice activities when core work is complete, and engage in hands-on STEM or nature-based exploration. The regular Fall enrichment schedule is offered Monday through Thursday.